

## COMMONLY ASKED QUESTIONS ABOUT MESSAGE THERAPISTS AND MESSAGE THERAPY TRAINING

### What does a massage therapist do?

A massage therapist utilizes hands-on techniques to manipulate superficial and deeper layers of muscle and connective tissue. Massage then aids in the body's natural healing processes while promoting relaxation and well-being. Massage therapists can be found working in a variety of professional environments including private practice, physician's offices, rehabilitation centers, wellness centers, day and destination spas, and educational environments.

### How long does the training take?

Massage therapy programs at Elizabeth Grady are 650 or 750 hours in length (the 750 hour program includes all spa therapies). Depending upon the schedule, students can complete a therapeutic massage program in as little as six months. Flexible day and evening schedules are available.

### How much does it cost?

The 650 Hour Massage Therapy program cost is \$11,500.00 and the 750 hour massage therapy program is \$12,500.00. Both programs include textbooks, uniforms, and all products and supplies with the exception of a massage table for at home practice. Certain discounts may apply.

### What's available for financial aid?

Independent students/750 Hours: Can qualify for up to \$7917.00 in federal loans and \$4845.00 in federal grants. Dependent students/750 Hours: Can qualify for up to \$4583.00 in federal loans, \$4845.00 in grants, and parent PLUS loans are also available.

Independent students/650 Hours: Can qualify for up to \$6861.00 in federal loans and \$4200.00 in federal grants. Dependent students/650 Hours: Can qualify for up to \$3972.00 in federal loans, \$4200.00 in grants, and parent PLUS loans are also available.

### Is more education is available?

Advanced education is available to massage graduates and continuing education is recommended. The graduate coming out of the Elizabeth Grady massage therapy program will have received a comprehensive education that includes a broad range of massage modalities, including but not limited to: Swedish, Deep Tissue, Sports, Myofascial Release, Trigger Point Therapy, Hot Stone Massage, Prenatal Massage, Geriatric, and Oncology Massage. A variety of other complimentary modalities are presented and many students choose to continue to explore them as continuing education after graduation.

## **STEPS TO ENROLL IN A MESSAGE PROGRAM AT THE ELIZABETH GRADY SCHOOL**

1. \_\_\_\_\_ **Tour and Interview:** Call 781-960-0120 to schedule a time.

The required enrollment documents listed below, numbers 2, 3, 5, & 6 are included on the following pages. You may print, complete, and bring with you to your interview or the school can provide you hard copies at the time of your interview. You also may mail, fax, or scan and email to the school.

**Mailing Address:** Elizabeth Grady School, 222 Boston Avenue, Medford, MA 02155 attention: Admissions

**Fax Number:** 781-391-4772

**Email:** admissions@elizabethgrady.com

2. \_\_\_\_\_ **Application for Enrollment.**
3. \_\_\_\_\_ **Enrollment Agreement Contract.**
4. \_\_\_\_\_ **Deposit:** Submit your Application, Contract, and Deposit of \$500.00 to reserve your seat. Students who are fully loan and grant eligible may receive a reduction in the amount of the deposit. Please inquire with Financial Aid to learn more. The deposit may be paid by check, money order, MasterCard, or Visa. Credit card payment can be made over the phone by contacting Mary at 781-960-0129.
5. \_\_\_\_\_ **Questions to Consider:** Read and sign the *Questions to Consider* document. Please ask an Admissions representative if you have any questions regarding the considerations listed.
6. \_\_\_\_\_ **Medical Documentation:** Schedule an appointment with your physician for TB (tuberculosis) test. This test can be performed by your general practitioner or at a walk-in clinic such as the CVS Minute Clinic. Submit results prior to the first day of class.
7. \_\_\_\_\_ **Photo Identification:** Provide a photocopy of your state issued driver's license, I.D., or passport. Further identification to support citizenship or eligibility may be required. A valid Alien Registration Card is required for all eligible non-citizens and an M-1 Visa is required for all ineligible non-citizens.
8. \_\_\_\_\_ **Proof of Education:** Provide a copy of high school diploma, college diploma, GED, or official transcripts. If you were educated in another country, please make sure that your diploma is translated and notarized. If you are unable to locate your diploma, please contact your high school to obtain an official copy of your transcript, which must include the school seal and be unopened or mailed directly from the school to Elizabeth Grady.
9. \_\_\_\_\_ **Complimentary Field of Study Discounts:** If you retain a license or certificate in the healing arts, wellness, or beauty fields (i.e.: CNA, LPN, RN, MT, electrologist, cosmetologist, etc...) please provide proof of education and/or license to receive a \$250.00 tuition discount.
10. \_\_\_\_\_ **Pre-enrollment Checklist:** Acknowledge the receipt of all of the vital information provided by the school that you need to know to make an informed decision about going to school.

# ELIZABETH GRADY

SCHOOL OF ESTHETICS AND MASSAGE THERAPY

## MASSAGE THERAPY ENROLLMENT APPLICATION

Name: \_\_\_\_\_ Social Security No. Last four digits: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Email Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_

Complete Address \_\_\_\_\_  
Street Address State Zip Code

U.S Citizenship Status (Check one and list ID number if applicable):

\_\_\_\_ Citizen/National \_\_\_\_ Eligible non-citizen Alien I.D. # \_\_\_\_\_ Exp. \_\_\_\_\_

### Enrolling in:

\_\_\_\_ 750 Hour Day Therapeutic Massage and Spa Therapies, Monday through Friday  
9:00 – 4:00 p.m.

\_\_\_\_ 650 Hour Day Therapeutic Massage and Spa Therapies, Monday through Friday  
9:00 – 4:00 p.m.

\_\_\_\_ 750 Hour Day Therapeutic Massage and Spa Therapies, Monday through Friday  
9:30 – 1:30 p.m.

\_\_\_\_ 650 Evening/Saturday Therapeutic Massage, Monday, Tuesday, Wednesday evenings 6:30- 9:30 p.m.  
and Saturdays, 9:00-3:30

Start Date: \_\_\_\_\_ End Date: \_\_\_\_\_

Are you applying for Financial Aid (Student Loans or Pell Grant)? Yes \_\_\_\_\_ No \_\_\_\_\_

Would you like a payment plan on the school balance? Yes \_\_\_\_\_ No \_\_\_\_\_

Uniform size: Top (XS, S, M, L, XL) \_\_\_\_\_ Pant Size (XS, S, M, L, XL) \_\_\_\_\_ Height \_\_\_\_\_

### EDUCATION

\_\_\_\_\_  
High School Address Year Graduated

\_\_\_\_\_  
College/Other Education Address Year Graduated

**EMPLOYMENT**

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Present Employer	Address	Phone	Dates: From/To
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**MEDICAL INFORMATION**

1. Please list *all* allergies, sight or hearing problems, learning disabilities, medical conditions including pregnancy, and prescription medications.

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2. Emergency contact:

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Name	Street Address	City/State/Zip	Home & Cell Phone Numbers
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**Please answer the following questions:**

1. How did you first learn or become interested in the Elizabeth Grady School?

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2. Will you devote adequate time to your studies if you are accepted?    Yes    No

3. What do you believe makes you uniquely qualified to become a licensed massage therapist and provide professional, therapeutic massage services to the public? (Minimum 75 words)

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4. In your own handwriting, please describe how you will contribute to the educational process at the Elizabeth Grady School of Massage Therapy. (Minimum 20 words)

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Please sign and date this enrollment application and submit with your tuition deposit and Enrollment Agreement Contract. Additionally, the following items are requirements for admission and must be submitted prior to your first day of class:

- Copy of High School or College Diploma, GED, or Official Transcript
- Photo ID (State Government issued I.D., Driver's License, or Passport) with proof of age
- Medical release documentation (TB results)
- Proof of citizenship or Student Visa if non-citizen
- IPEDS questionnaire

**Student Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**School Administrator** \_\_\_\_\_ **Date:** \_\_\_\_\_

Revised 03/2017

For School Use Only:

_____ Date of Interview	School Administrator Signature: _____
_____ Date of Acceptance	School Administrator Signature: _____

Elizabeth Grady School of Esthetics and Massage Therapy  
222 Boston Avenue  
Medford, MA 02155  
Phone 781-960-0123 Fax 781-391-4772  
[www.elizabethgrady.edu](http://www.elizabethgrady.edu)

# ELIZABETH GRADY

SCHOOL OF ESTHETICS AND MASSAGE THERAPY

## QUESTIONS FOR MASSAGE THERAPY STUDENTS TO CONSIDER

The massage therapy profession offers both personal and professional rewards with a variety of career options. It is important for us, your educators and advisors, for you to have considered the expectations that will be placed on you by the industry and the school.

Following is a list of questions one should consider important in making a decision to enroll at Elizabeth Grady. Please sign the bottom line to indicate you have read, understand and accept each question.

### In the School:

1. On a regular basis you will be touching people while providing massage services. It is important to create integrity of touch whereby clients are receiving professional massage services where appropriate touch is used. Are you willing to explore integrity of touch and your own personal boundaries to create healthy professional boundaries?
2. Are you comfortable being touched by another student or teacher?
3. Are you willing to attend school daily with adherence to a professional dress code? This includes being in uniform, practicing exceptional hygiene, and wearing professional makeup and hair appropriate for a massage therapist.
4. Are you capable of not smoking during school hours?
5. Do you have good physical dexterity for massage?
6. Attendance is key to learning, supporting your classroom community, and a prerequisite for successful completion of your program. It is also a requirement for receiving financial aid disbursements. Are you willing to be in punctual and in attendance on a daily basis?
7. Are you willing to remove visible body piercing, with the exception of single pierced ears? The Elizabeth Grady School requires that no visible piercings be worn to maintain a level of professionalism and prevent injury during massage procedures.
8. Are you willing to cut your fingernails to fingertip length? Long nails can scratch and injure clients. Massage students are required to keep their nails short at all times.
9. Do you understand that placement is not guaranteed? Although the school maintains an ongoing list of employers and provides a strong business development module within the program, it is ultimately the student's responsibility to lead their job search with the support of the school.
10. Are you proficient with speaking, writing and reading English? All programs are taught in English. Many ESL students have successfully completed our programs, however if you have a concern in this area please let us know so that we can help set you up for success.

### In the industry:

1. Do you enjoy working with your hands and with people?
2. Are you a good listener and communicator?
3. Do you find it gratifying helping others feel better?
4. Are you interested in health and wellness?
5. Are you capable of not smoking during working hours?
6. Are you open to selling products and yourself as a trained massage therapist?
7. Do you enjoy a fast paced environment and understand the importance of good time management? Can you appear calm in the midst of change?
8. Are you able to stand or sit for long periods?
9. Do you have good mobility of your upper and lower limbs?
10. Are you available to work evenings and weekends?
11. Have you ever been convicted of a felony or misdemeanor? A prior criminal record may impact your ability to become licensed. Massachusetts requires a CORI and SORB check as a requirement for licensing.

By signing below you acknowledge you have read the above questions to consider and agree that "yes" you are able to comply with the above educational and industry requirements to enter the field of study and profession. Should you have any questions please speak with an Admissions staff member.

Student's Signature: \_\_\_\_\_ Date \_\_\_\_\_

Print Name: \_\_\_\_\_ Program: Day/Evening Start Date: \_\_\_\_\_

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**Department of Education Annual Institutional Participation Educational Data Survey (IPEDS)**

Each year the Elizabeth Grady School is required to provide the US Department of Education with a summary of miscellaneous data (age, sex, marital status, etc...) called an IPEDS report. Please fill out the following information. This information will not be used for any other purpose other than this report.

<b>Name</b>		
<b>Address</b>		
<b>City</b>		
<b>State</b>		
<b>Zip Code</b>		
<b>Phone Number</b>		
<b>Email</b>		
<b>Date of Birth</b>		
<b>Age</b>	<input type="radio"/> Under 18 <input type="radio"/> 18-19 <input type="radio"/> 20-21 <input type="radio"/> 22-24 <input type="radio"/> 25-29	<input type="radio"/> 30-34 <input type="radio"/> 35-39 <input type="radio"/> 40-49 <input type="radio"/> 50-64 <input type="radio"/> 65 and Older
<b>Gender</b>	<input type="radio"/> Female <input type="radio"/> Male	
<b>Marital Status</b>	<input type="radio"/> Single <input type="radio"/> Married <input type="radio"/> Divorced <input type="radio"/> Widowed	
<b>Number of Dependent Children</b>		
<b>Social Security Number</b>		
<b>Income</b>	<input type="radio"/> 0-9999.00 <input type="radio"/> 10,000.00-19,999.00 <input type="radio"/> 20,000.00-29,999.00 <input type="radio"/> 30,000.00>	
<b>Ethnicity</b>	<input type="radio"/> American Indian or Alaskan Native <input type="radio"/> Asian <input type="radio"/> Black/African American <input type="radio"/> Hispanic/Latino <input type="radio"/> Native Hawaiian or Pacific Islander	<input type="radio"/> White <input type="radio"/> Two or more races <input type="radio"/> Race/Ethnicity Unknown <input type="radio"/> Nonresident Alien
<b>Dependency</b>	<input type="radio"/> Dependant <input type="radio"/> Independent	
<b>Program/ Enrollment Info</b>	<input type="radio"/> Full-time Day Massage <input type="radio"/> Full-time Day Esthetics <input type="radio"/> Part-time Evening Massage <input type="radio"/> Part Time Evening Esthetics	
<b>Highest Level of Education Completed</b>	<input type="radio"/> High School Diploma <input type="radio"/> General Education Diploma <input type="radio"/> Associate Degree <input type="radio"/> Bachelor Degree <input type="radio"/> Master's Degree	

Additionally, please note that a school representative will follow up with you in the year following graduation to obtain licensing and employment information. All graduates are required to respond to the graduate survey. Please join our Facebook Group *Elizabeth Grady Schools of Esthetics and Massage Therapy* and, if you have not done so already, join our e-mailing list on line at [www.elizabethgrady.edu](http://www.elizabethgrady.edu) to help keep abreast of advanced training, employment opportunities, and general announcements.

# ELIZABETH GRADY

SCHOOL OF ESTHETICS & MESSAGE THERAPY

Dear Student:

The Elizabeth Grady School requires all students to be tested for tuberculosis prior to beginning the program. This test is an intra-dermal antibody test that requires the individual being tested to return to the medical facility 48-72 hours to be read after being planted. Test results must be dated within one year of beginning your program. If you have had a TB test in excess of one year of your start date, you must have another.

We are dedicated to promoting a healthy environment for our students, staff and clients. Testing can be performed by your regular physician or at any neighborhood clinic or hospital. Should you test positive, you are required to undergo proper treatment as prescribed by a medical doctor and/or have the results of a chest x ray with your physician stating you are able to fully participate in the program without risk to others.

Please have your physician complete the documentation below or have them supply their own documentation of your test results. Submit results to the admissions department before beginning the program. This is a requirement for admission to our program.

Sincerely,

Cate Tool  
School Director

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This is to certify that \_\_\_\_\_, Date of Birth \_\_\_\_\_ has been tested for:

- **Tuberculosis (Admissions Requirement for students attending esthetician or massage programs)**

**Please circle result:      Positive                      Negative**

If positive, course of treatment: \_\_\_\_\_

Begin and end dates of treatment: \_\_\_\_\_

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician's Name Printed

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Name of Medical Practice, Address and Telephone number

Additional notes:

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